



# Office of Children and Family Services

## On-Demand Training Courses for Licensed & Registered/Legally Exempt Providers and Programs

### **Addressing Challenging Behavior: An Overview of the Pyramid Model** *(2.5 training hours)*

During this webcast, panelists explain the importance of teaching children specific social emotional skills and how doing so can help set them up for successful school experiences. Panelists introduce the Pyramid Model and demonstrate how it can be used to help address challenging behaviors—including the importance of nurturing and responsive relationships, high-quality environments, and targeted social emotional strategies to prevent problems.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Child Day Care Program Development
- Safety and Security Procedures
- Statutes and Regulations Pertaining to Child Day Care

### **Addressing Challenging Behaviors: The Pyramid Model in Action** *(2.5 training hours)*

This training begins with a brief overview of the Pyramid Model. Then panelists demonstrate specific Pyramid Model techniques and strategies providers can use to build children's social emotional skills and reduce challenging behaviors. Guests also spend time focusing on the importance of family engagement, home-program connections, and provide specific strategies to strengthen home-program connections.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Child Day Care Program Development
- Safety and Security Procedures
- Statutes and Regulations Pertaining to Child Day Care

### **Building Healthy Relationships with Effective Communication** *(2.5 training hours)*

During this training, providers learn how to use strong, professional communication skills to create welcoming atmospheres, resolve conflicts, and communicate sensitive information. They also gain knowledge of the ins and outs of using social networking as a way to communicate in the early childhood field, as well as tips on how to cultivate stronger relationships with regulators.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Safety and Security Procedures
- Business Record Maintenance and Management
- Statutes and Regulations Pertaining to Child Day Care

**Child Abuse and Maltreatment: Protective Factors (2.5 training hours)**

During this training, panelists describe the different protective factors for child abuse and maltreatment. They explain ways providers can increase these protective factors for children. They also define child abuse, maltreatment, and providers' role and responsibilities as mandated reporters.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Child Abuse and Maltreatment Identification and Prevention
- Statutes and Regulations Pertaining to Child Abuse and Maltreatment
- Adverse Childhood Experiences

**Child Abuse and Maltreatment with a Focus on Understanding Brain Injury and Prevention (2.5 training hours)**

During this training, guests review basic child abuse and maltreatment information and guidelines, including basic mandated reporter content, making a report, and what happens after a report is made. They also focus on discussing what brain injuries are, how they occur in children, and the signs and symptoms of brain injury. Finally, they provide strategies to help support young children with brain injuries, and tips for reducing brain injury risk.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Child Abuse and Maltreatment Identification and Prevention
- Statutes and Regulations Pertaining to Child Abuse and Maltreatment
- Education and Information on the Identification, Diagnosis and Prevention of Shaken Baby Syndrome

**Continuity of Care (2.5 training hours)**

Young children thrive when they have strong attachments to their caregivers. Providers can create these bonds by keeping children and their primary caregivers together for more than a year. This model is called continuity of care. Although primarily for center-based providers, this training offers information about the benefits of using a primary caregiving model everyone can share with families. It defines the term continuity of care and demonstrates ways to implement it. It also discusses hurdles providers may see to the continuity of care model and offers tips for ways to try to overcome them.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Child Day Care Program Development
- Safety and Security Procedures

*Please note, this course does not count toward training hours for legally exempt providers and programs.*

### **Educating for Sustainability (2.5 training hours)**

During this webcast, panelists explain why there is a growing recognition for educating for sustainability in early childhood. Panelists discuss how providers can use sustainability as a lens to envision their entire program, from how decisions are made, to curriculum content, to configuring play spaces, and connecting with families.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Child Day Care Program Development
- Safety and Security Procedures

### **Family and Community Relationships with a Focus on Bullying During the School-Age Years (2.5 training hours)**

During this informative training, experts in the field discuss what bullying is and review measures providers can implement to help prevent bullying in school-age child care programs.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development

### **Foundations in Health and Safety (5 training hours)**

This fully narrated On-Demand course will facilitate and improve the safety and health of children in regulated child care programs by providing providers and caregivers with training to comply with federally mandated topic areas that include:

- Prevention and control of infectious diseases (including immunization)
- Prevention of sudden infant death syndrome and use of safe sleeping practices
- Administration of medication, consistent with standards for parental consent
- Prevention and response to emergencies due to food and allergic reactions
- Building and physical premises safety, including identification of and protection from hazards that can cause bodily injury such as electrical hazards, bodies of water, and vehicular traffic
- Prevention of shaken baby syndrome and abusive head trauma
- Emergency preparedness and response planning for emergencies resulting from a natural disaster, or a man-caused event
- Handling and storage of hazardous materials and the appropriate disposal of bio contaminants
- Appropriate precautions in transporting children, if applicable
- Pediatric first aid and cardiopulmonary resuscitation (CPR)
- Other requirements relating to nutrition, access to physical activity, or any other subject are necessary to promote child development or to protect children's health and safety

This course will provide 5 hours of training in the following OCFS training topics:

- Nutrition and Health Needs of Infants and Children
- Child Day Care Program Development
- Safety and Security Procedures
- Child Abuse and Maltreatment Identification and Prevention
- Statutes and Regulations Pertaining to Child Abuse and Maltreatment
- Education and Information on the Identification, Diagnosis and Prevention of Shaken Baby Syndrome

### **Identifying and Helping Children Who Have Experienced Trauma (2.5 training hours)**

During this training, experts discuss how to assist children and families who may be experiencing various adverse experiences that could cause trauma, like catastrophic weather events, domestic violence, the deployment or incarceration of a family member, separation or divorce, and homelessness. They offer techniques and strategies providers can use to help children continue to develop and grow, despite adverse childhood experiences. They also provide information to help refer families in need to various resources that can ease stress or trauma.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Child Day Care Program Development
- Statutes and Regulations Pertaining to Child Day Care
- Adverse Childhood Experiences

### **Identificando y respondiendo a la anafilaxia (1.5 horas de capacitación)**

Como profesional de cuidado infantil, usted juega un papel crítico en proteger la salud y la seguridad de los niños en su programa. Los Centros para el Control y la Prevención de Enfermedades de los Estados Unidos (CDC por sus siglas en inglés) estiman que las alergias afectan a uno de cada 13 niños. Estas alergias tienen el potencial de causar reacciones llamadas anafilaxia, las cuales pueden poner a personas en peligro de perder la vida. Esta capacitación le ayudará a adquirir conocimiento acerca de alergias, prevención de anafilaxia, y el qué hacer durante una emergencia médica relacionada a alguna alergia.

Este curso proveerá 1.5 horas de capacitación en los siguientes temas de capacitación de OCFS:

- Principios del Desarrollo Infantil
- Nutrición y Salud
- Seguridad y Procedimientos de Seguridad
- Mantenimiento de Récords de Negocio y Gerencia

### **Identifying and Responding to Anaphylaxis (1.5 training hours)**

As a child care professional, you play a critical role in protecting the health and safety of children in your program. The US Centers for Disease Control and Prevention (CDC) estimates that allergies affect 1 in 13 children. These allergies have the potential to cause a life-threatening reaction called anaphylaxis. This training will help you gain knowledge about allergies, anaphylaxis prevention, and what to do during an allergy-related medical emergency.

This course will provide 1.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Nutrition and Health Needs of Infants and Children
- Safety and Security Procedures
- Business Record Maintenance and Management

### **Infant Feeding Practices in Child Care Settings** (2.5 training hours)

During this training, experts describe the nutritional requirements of infants. They investigate the needs of breast-fed and formula-fed babies. They review the process of introducing solid and new foods to older infants. They bring providers up to date on new OCFS regulations regarding infant feeding practices. And they describe ways programs can promote and encourage supportive atmospheres for breast-feeding and make programs more breast-feeding friendly spaces.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Nutrition and Health Needs of Infants and Children

*Please note, this course does not count toward training hours for legally exempt group programs.*

### **Looking at your Child Care Program through a Different Lens** (2.5 training hours)

During this training, providers view video examples of challenging situations and have opportunities to weigh in on them. Then panelists discuss each situation and provide guidance on ways things could be rectified or improved using best practice techniques and strategies.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Business Record Maintenance and Management
- Statutes and Regulations Pertaining to Child Day Care

### **More Than Just “Use Your Words”: Promoting Positive Communication with Children** (2.5 training hours)

During this training, panelists explain different reasons why children may be having trouble verbally expressing themselves. They also provide tips for different ways providers can help children gain communication skills and lessen frustration.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Child Day Care Program Development

### **Moving and Grooving in Your Child Care Program** (2.5 training hours)

During this training, guests share the importance of using music and movement throughout daily activities and routines in relation to reducing screen time, promoting children’s physical development, and obesity prevention. Guests provide many hands-on songs, movements, and low-cost activities that providers can use to get children up, moving, and singing in all learning areas of programs of all sizes.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Child Day Care Program Development

### **Nutrition: Obesity Prevention, Picky Eaters and Food Allergy Management** *(2.5 training hours)*

During this training, experts provide information about nutrition and physical activity for young children. They also discuss tips for creating supportive environments for picky eaters. Finally, they explain ways to care for children with food intolerances or food allergies that can help providers prevent or respond to food allergy emergencies.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Nutrition and Health Needs of Infants and Children
- Child Day Care Program Development

### **Safety Throughout the Year** *(2.5 training hours)*

During this training, experts walk providers through the calendar, using it as a guide to discuss information on routines for keeping programs safe and secure year-round.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Nutrition and Health Needs of Infants and Children
- Safety and Security Procedures
- Business Record Maintenance and Management

### **Supporting Children and Families Through Good Eating Practices** *(2.5 training hours)*

During this webcast, panelists explain what food insecurity is and offer tips for supporting families experiencing it. They also discuss how providers can engage in eating practices with children that have a positive effect on social-emotional development, behavior, and physical health.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Nutrition and Health Needs of Infants and Children
- Safety and Security Procedures

### **Town Hall Meeting: Child Abuse and Maltreatment** *(2.5 training hours)*

During this training, participants join experts in the field to analyze dramatized case studies. Panelists explain their roles in the reporting process and what to expect, provide guidance on making the call, and review what happens during an investigation.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Safety and Security Procedures
- Child Abuse and Maltreatment Identification and Prevention
- Statutes and Regulations Pertaining to Child Abuse and Maltreatment

**Town Hall Meeting: Examining the Business Side of Child Care** *(2.5 training hours)*

During this webcast, an expert in the field of child care business walks providers through case studies addressing situations similar to ones they may have experienced. The panel analyzes each scenario to see what could have been done differently to result in a more positive outcome for the program, children, and families. The panel also address questions and concerns from the town hall meeting audience and provides valuable information on how to fulfill programs' business maintenance responsibilities.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Business Record Maintenance and Management
- Statutes and Regulations Pertaining to Child Abuse and Maltreatment

**Town Hall Meeting: Managing Challenging Behavior** *(2.5 training hours)*

During this training, experts in the field discuss managing different challenging situations involving children's behaviors. They provide hands-on strategies providers can use to help children of all ages who are experiencing challenging behaviors.

This course will provide 2.5 hours of training in the following OCFS training topics:

- Principles of Childhood Development
- Child Day Care Program Development